

# Things to see & do on the Great Northern Peninsula



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photo: 10,000 Year Old Icebergs, Ralph Hedderson

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photo: Port au Choix National Historic Site, Parks Canada

photo: The Arches Provincial Park, NL Tourism

photo: Northland Discovery Boat Tours

photo: L'Anse aux Meadows National Historic Site, NL Tourism

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photo: French Shore Tapestry, French Shore Historical Society

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Write a saga of your very own on the Great Northern Peninsula, the land of the Vikings. Breathtaking coastal pathways and boat tours alongside the scenic Long Range Mountains will lead you to icebergs and whales. Colourful ancient and local histories abound.

This map is your guide to summer adventure along the Great Northern Peninsula. Numbers on the map correspond to brief descriptions and extra information below that will allow you to get the most out of your Great Northern Peninsula experience.

## HIKING TRAILS

- Devil's Bite Trail.** A loop around the scenic fiords of the Parsons Pond watershed. Access by boat only from Parsons Pond; Length: 45km; Duration: 3-4 days; Difficulty: Challenging; [iatnl.com](#).
- Indian Lookout Trail.** Five Mile Road, Route 430 near Portland Creek; Length: 40 km; Duration: 3-4 days; Difficulty: Challenging.
- Bill's Woods Hiking Trail.** View of pond & mountains, a rest area and plaza signage highlighting services. Route 430, Daniel's Harbour; Length: 5,400 feet.
- River of Ponds Walking Trail.** Route 430, River of Ponds; Length: 3 km.
- John Hogan Trail.** Torrent River Nature Park, Hawke's Bay; Length: 3 km boardwalk; Duration: 2 hrs; Difficulty: Easy.
- Dorset Trail.** Limestone barrens, tuckamore, panoramic ocean views from Crow Head. Port aux Choix National Historic Site; Length: 3 km (one way); Duration: 45 mins.
- Coastal Trail.** Coastal tuckamore forest, ocean views, can see small fishing boats & whales. Old Port aux Choix; Length: 1 km (one way); Duration: 20 mins.
- Point Riche Trail.** Lighthouse, limestone barrens & rock formations, ocean views, can see caribou, sea birds & whales. Point Riche; Length 3 km (one way); Duration: 1 hour.
- White Rock Walking Trail.** Fishing Point, St. Anthony; Return; Length: 2700 ft; Duration: 20-30 mins; Difficulty: Easy.
- Marjorie Bridge & Thrombolites Walking Trail.** Route 430, Flower's Cove.
- Cartier's View Trail.** This trail will lead you to a lookout with an amazing view of the harbour. Fishing Point, St. Anthony; Length: 300m; Duration: 30 mins; Difficulty: Easy.
- Iceberg Alley Trail.** Fishing Point, St. Anthony; Return; Length: 0.4 km; Duration: 30 minutes.
- Santana Trail.** Fishing Point, St. Anthony; Duration: 90 minutes; Difficulty: Moderate to difficult.
- Whale Watchers Trail.** This trail leads to an amazing look-out over the Atlantic Ocean and, underneath, the huge cliffs of Fishing Point. Fishing Point, St. Anthony; Return; Length: 0.8 km; Duration: 30 mins.
- Dare Devil Trail.** Trek over 400 steps to reach the top of Fishing Point Head, where one can view majestic ice bergs, whales, sea birds and communities. Fishing Point, St. Anthony; Duration: 1 hour; Difficulty: Highly difficult, use caution.
- Bottom Brook Park Trail.** Located at the bottom of St. Anthony harbour and designated as a Waterfowl sanctuary, this leisurely stroll is a great opportunity for bird watching. St. Anthony; Length: approx. 1 km; Difficulty: Easy.
- Lamage Point Trail.** Have your camera ready as this trail is known to have a selection of local berries, wild Lilies of the Valley, moose and even an iceberg or two! St. Anthony; Length: 1 km; Difficulty: Moderate.
- Tea House Hill Trail.** Decades ago, Dr. Grenfell and many other town residents used to walk to the scenic tea house after a long day of work. Now an interpretative panel site with seating placed upon the original foundations of the old tea house. St. Anthony; Length: 1 km; Difficulty: Moderate.
- American Base Trail.** Overlooking a spectacular vista of coastal mountains and ocean scenery, hikers ultimately arrive at the former military base. St. Anthony; Duration: 2-3 hrs; Difficulty: Moderate.
- French Shore Trail.** Follow the eastern coastline of the Great Northern Peninsula between the historic communities of Conche and Croque. Route 434, Conche; Length: 13 km; Duration: 2 days; Difficulty: Moderate.
- Farm Trail.** Roddickton; Return; Length: 5 km.
- Muddy Hole Pond Trail.** Roddickton; Length: 2 km; Duration: 1 hr; Difficulty: Easy.
- Armistice Park Trail.** Off Route 433, Bide Arm; Return; Length: 4 km.
- Barr'd Island Trail.** Route 433, Englee. Turn left after the bridge and follow harbour road to trailhead; Length: 0.6 km; Duration: 30 mins; Difficulty: Moderate to Strenuous.
- Locker's Point to Shoe Pond Hill.** Route 433, Englee; Length: 2 km; Duration: 1 hr; Difficulty: Strenuous.
- White Point Trail.** Route 433, Englee. Turn left after the bridge, follow Harbour Road to trailhead; Length: 3.5 km; Duration: 1.5-2 hr; Difficulty: Moderate to Strenuous.

## PARKS & ECOLOGICAL RESERVES

- The Arches Provincial Park.** A natural rock archway created by eons of tidal action. Picnic area on-site. Route 430, 9.2 km north of Parson's Pond; T: (709) 454-7570; E: [parksinfo@gov.nl.ca](mailto:parksinfo@gov.nl.ca); [www.env.gov.nl.ca/parks](http://www.env.gov.nl.ca/parks).
- Table Point Ecological Reserve.** Unique rock locality of international importance. Route 430, Bellburns; T: (709) 635-4520; E: [parksinfo@gov.nl.ca](mailto:parksinfo@gov.nl.ca); [www.env.gov.nl.ca/parks](http://www.env.gov.nl.ca/parks).
- Torrent River Nature Park.** 3 km boardwalk to view wild Atlantic salmon. Main Street, Hawkes Bay; T: (709) 248-5344; E: [info@torrentriver.ca](mailto:info@torrentriver.ca); [www.torrentriver.ca](http://www.torrentriver.ca).
- Watt's Point Ecological Reserve.** Rare and endangered plant species. Route 430, Eddies Cove; T: (709) 454-7570; E: [parksinfo@gov.nl.ca](mailto:parksinfo@gov.nl.ca); [www.env.gov.nl.ca/parks](http://www.env.gov.nl.ca/parks).
- Fishing Point Municipal Park.** View majestic icebergs, whales, different seabirds and unique geology. Fishing Point, St. Anthony; T: (709) 454-3454; E: [stanthony@nf.aibn.com](mailto:stanthony@nf.aibn.com); [www.town.stanthony.nf.ca](http://www.town.stanthony.nf.ca).
- Burnt Cape Ecological Reserve.** Unique and rare floral along a coastline with fantastic limestone karst topography. Route 437, Raleigh; T: (709) 454-7570; E: [parksinfo@gov.nl.ca](mailto:parksinfo@gov.nl.ca); [www.env.gov.nl.ca/parks](http://www.env.gov.nl.ca/parks).
- Pistolet Bay Provincial Park.** Encompasses 897 hectares of delightfully varied vegetation. 12 km off Route 430; T: (709) 454-7570; E: [parksinfo@gov.nl.ca](mailto:parksinfo@gov.nl.ca); [www.env.gov.nl.ca/parks](http://www.env.gov.nl.ca/parks).
- Armistice Park.** Offering a variety of family-oriented attractions. Off Route 433, Bide Arm; T: (709) 457-2413; E: [roddickton@nf.aibn.com](mailto:roddickton@nf.aibn.com); [www.roddickton.bidearm.ca](http://www.roddickton.bidearm.ca).

## CULTURAL EXPERIENCES

- 50 Centuries Heritage Festival.** Enjoy 3 days of family oriented activities celebrating our local heritage and culture. July; Castors River to St. Barbe; T: (877) 247-2011; E: [info@50centuries.ca](mailto:info@50centuries.ca); [www.50centuries.ca](http://www.50centuries.ca).
- The Iceberg Festival.** Celebrate the coming of spring in the north and the annual arrival of icebergs. June; [www.theicebergfestival.ca](http://www.theicebergfestival.ca).
- Liefsburdir Viking Feast Dinner Theatre.** Enjoy an evening of food, fun and feuds in the only sod covered dinner theatre in North America. Fishing Point, St. Anthony; T: (877) 454-4900; E: [randys.cull@nf.sympatico.ca](mailto:randys.cull@nf.sympatico.ca); [www.lightkeepersvikingfeast.com](http://www.lightkeepersvikingfeast.com).
- Norstead - a Viking Port of Trade.** A living history Viking site. Join costumed interpreters and visit the Viking ship Snorri. Route 436, L'Anse aux Meadows; T: (709) 623-2828; E: [norstead@nf.aibn.com](mailto:norstead@nf.aibn.com); [www.norstead.com](http://www.norstead.com).
- Westward Viking Festival.** A real taste of Vinland with Viking feasts, tours, music, dancing and much more. July; L'Anse aux Meadows; T: (709) 623-2608; E: [kimberlee.trainor@pc.gc.ca](mailto:kimberlee.trainor@pc.gc.ca); [pc.gc.ca/meadows](http://pc.gc.ca/meadows).



photo: Hans van Klinken



photo: Hans van Klinken



photo: Fishing Point Park, St. Anthony, Ron Hann Photo

## HERITAGE & MUSEUMS

- Nurse Bennett Heritage House.** Built in 1922, this traditional 2-storey house was home to nurse Myra Bennett for 68 years. Circular Rd, Daniel's Harbour; T: (709) 634-3473; E: [info@nursebennett.ca](mailto:info@nursebennett.ca); [www.nursebennett.ca](http://www.nursebennett.ca).
- French Rooms Cultural Centre & Bread Oven.** Learn about the French fishermen who fished in the region. Watch the baking of fresh bread and sample it with local preserves 3 times a week in July and August. 83 Fisher Street, Port au Choix; T: (709) 861-3406 / 2142; E: [PACheritage@gmail.com](mailto:PACheritage@gmail.com).
- Grenfell Interpretation Centre.** A major interpretive exhibit commemorating the life of medical missionary Sir Wilfred Grenfell. Across the street from Curtis Hospital, St. Anthony; T: (709) 454-4010; E: [info@grenfell-properties.com](mailto:info@grenfell-properties.com); [www.grenfell-properties.com](http://www.grenfell-properties.com).
- Grenfell House Museum.** Dr. Grenfell's House built in 1909-1910 furnished and decorated the way it was when he lived there with his family. Behind the Charles S. Curtis Hospital, St. Anthony; T: (709) 454-4010; E: [info@grenfell-properties.com](mailto:info@grenfell-properties.com); [www.grenfell-properties.com](http://www.grenfell-properties.com).
- The Jordi Bonet Murals.** Stone murals created in 1967 to depict the people of NL, their lifestyles and their land. Charles S. Curtis Memorial Hospital, St. Anthony; T: (709) 454-4010; E: [info@grenfell-properties.com](mailto:info@grenfell-properties.com); [www.grenfell-properties.com](http://www.grenfell-properties.com).
- Dark Tickle Économusée.** World's only Économusée dedicated to the interpretation of wild berries. 73 Main Street, St. Lunaire-Griquet; T: (709) 623-2354; E: [info@darktickle.com](mailto:info@darktickle.com); [www.darktickle.com](http://www.darktickle.com).
- The Granchain Exhibit.** A showcase on Liberge de Granchain, an 18th-century naval officer, hydrographer, ally in the American Revolution, and protector of the French Shore. 73 Main Street, St. Lunaire-Griquet; T: (709) 623-2354; E: [granchain@darktickle.com](mailto:granchain@darktickle.com); [www.granchainexhibit.com](http://www.granchainexhibit.com).
- Green Moose Interpretation Centre.** A source of information for the Northern Peninsula East Heritage Corridor. 81 Major's St, Roddickton; T: (709) 457-2413; E: [roddickton@nf.aibn.com](mailto:roddickton@nf.aibn.com); [www.roddickton.bidearm.ca](http://www.roddickton.bidearm.ca).
- Ashton House.** Originally built in 1952 at Little Harbour Deep, placed on a raft and floated to Hooping Harbour in 1965, and then resettled in 1969 to Bide Arm. The museum depicts the house's unusual history. 15 Claycove Rd, Bide Arm; T: (709) 457-2895; E: [bidearmashton@hotmail.com](mailto:bidearmashton@hotmail.com); [www.roddickton.bidearm.ca](http://www.roddickton.bidearm.ca).
- Hooked Rug & Glass Art Exhibit.** Tells the story of Englee through hooked rugs and other art. Town Hall, Englee; T: (709) 866-2711; E: [dorisenglee@nf.aibn.com](mailto:dorisenglee@nf.aibn.com).
- French Shore Interpretation Centre.** A bilingual exhibit depicting the French Migratory Fishery and home of the French Shore Tapestry. Route 434 to Conche; T: (709) 622-3500; E: [frenchshorehs@nf.aibn.com](mailto:frenchshorehs@nf.aibn.com); [www.frenchshore.com](http://www.frenchshore.com).

## ATTRACTIONS

- Torrent River Salmon Interpretation Centre.** View Atlantic Salmon in their natural habitat through underwater windows. 3 Falls Rd, Hawke's Bay; T: (709) 248-4066; E: [info@torrentriver.ca](mailto:info@torrentriver.ca); [www.torrentriver.ca](http://www.torrentriver.ca).
- Port au Choix National Historic Site.** Four ancient cultures have been found here: Maritime Archaic Indian, Groswater Palaeo-Eskimo, Dorset Palaeo-Eskimo, and Recent Indian. Point Riche Rd, Port au Choix; T: (709) 861-3522; E: [pac-historic-site@pc.gc.ca](mailto:pac-historic-site@pc.gc.ca); [www.pc.gc.ca/portauchoix](http://www.pc.gc.ca/portauchoix).
- 50 Centuries Interpretation Centre & Bird Cove-Plum Point Archaeological Project.** Take a guided tour and learn the history of the Maritime Archaic Indian people. The area boasts 38 registered archaeological sites and is one of the most important projects in Newfoundland for depicting the day to day life of the Maritime Archaic culture. 84-92 Michael's Dr, Bird Cove; T: (709) 247-2011; E: [info@50centuries.ca](mailto:info@50centuries.ca); [www.50centuries.ca](http://www.50centuries.ca).
- Thrombolites.** Walk along Marjorie Bridge and the Thrombolites Walking Trail to experience some of the earth's most primitive life forms. Route 430, Flower's Cove; T: (709) 456-2124; E: [townofflowerscove@nf.aibn.com](mailto:townofflowerscove@nf.aibn.com); [www.envision.ca/webs/ftowncouncil](http://www.envision.ca/webs/ftowncouncil).
- Skin Boot Church.** Built in 1920. Known as the Skin Boot Church because of the many pairs of skin boots sold to build the church. Route 430, Flower's Cove; T: (709) 456-2124; E: [townofflowerscove@nf.aibn.com](mailto:townofflowerscove@nf.aibn.com); [www.envision.ca/webs/ftowncouncil](http://www.envision.ca/webs/ftowncouncil).
- Labrador Lookout.** Panoramic lookout over the Strait of Belle Isle to Labrador. Route 430, Shoal Cove East. T: (709) 456-2122.
- Mounted Polar Bear.** After wandering in the community and collapsing on the harbour ice, the bear was airlifted to a local taxidermist for mounting. St. Anthony Municipal Building; T: (709) 454-3454; E: [stanthony@nf.aibn.com](mailto:stanthony@nf.aibn.com); [www.town.stanthony.nf.ca](http://www.town.stanthony.nf.ca).
- L'Anse aux Meadows National Historic Site.** A UNESCO World Heritage Site, the first known European settlement in North America c.1000 AD. Route 436, L'Anse aux Meadows; T: (709) 623-2608; E: [viking.lam@pc.gc.ca](mailto:viking.lam@pc.gc.ca); [www.pc.gc.ca/meadows](http://www.pc.gc.ca/meadows).
- Leif Ericson Monument.** 10-ft bronze statue of Norseman Leif Ericson located on the L'Anse aux Meadows harbour front wharf. T: (877) 623-2018; E: [noordhof@nf.sympatico.ca](mailto:noordhof@nf.sympatico.ca); [www.valhalla-lodge.com](http://www.valhalla-lodge.com).
- Cape Norman Lighthouse.** First light tower at Cape Norman was built in 1865, before Newfoundland was a part of Canada. Route 435, Cape Norman.
- Underground Salmon Pool & Trail.** Extraordinary opportunity to view Atlantic salmon entering underground limestone river caves. Route 433, Roddickton; [www.vikingtrail.org](http://www.vikingtrail.org).
- French Shore Tapestry.** A 222 ft long embroidery depicting the history of the French Shore of Newfoundland. Route 434, Conche; T: (709) 622-3500; E: [frenchshorehs@nf.aibn.com](mailto:frenchshorehs@nf.aibn.com); [www.frenchshoretapestry.com](http://www.frenchshoretapestry.com).

## TOURS & ADVENTURES

- Headwater Tours.** From glacier-carved fiords to coastal sands, Headwater Tours provides a full range of scenic hiking adventures. 11 Main Street, Portland Creek; T: (800) 316 1889; E: [inquiry@ententecordiale.com](mailto:inquiry@ententecordiale.com); [www.ententecordiale.com](http://www.ententecordiale.com).
- Northland Discovery Boat Tours.** Award-winning 2.5 hour tour. Best sightings of icebergs, humpbacks and dolphins in Newfoundland & Labrador. St. Anthony; T: (709) 454-3092; E: [info@discovernorthland.com](mailto:info@discovernorthland.com); [www.discovernorthland.com](http://www.discovernorthland.com).
- Linkum Tours.** Zodiac tour through whale and iceberg alley. Main Rd, Quirpon; T: (709) 634-2285; E: [info@linkumtours.com](mailto:info@linkumtours.com); [www.linkumtours.com](http://www.linkumtours.com).
- Tuckamore Wilderness Tours.** Offering a variety of tours, including hunting & fishing, hiking, iceberg & whale watching, canoeing, nature and cultural activities. 1 Southwest Pond, Main Brook; T: (888) 865-6361; E: [tuckamore.lodge@nf.sympatico.ca](mailto:tuckamore.lodge@nf.sympatico.ca); [www.tuckamorelodge.com](http://www.tuckamorelodge.com).
- Mayflower Adventures.** See whales, icebergs and dolphins by zodiac. Hiking, walking, geocaching, hunting & fishing tours also available. 65 Majors St, Roddickton; T: (709) 457-2328; E: [trevor@mayfloweradventures.com](mailto:trevor@mayfloweradventures.com); [www.mayfloweradventures.com](http://www.mayfloweradventures.com).

For more things to see and do on the Great Northern Peninsula, visit [www.vikingtrail.org](http://www.vikingtrail.org) and [www.town.stanthony.nf.ca](http://www.town.stanthony.nf.ca).



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